



Men's Program

A brotherhood of hope



HOPE

Men heal from the disease of addiction best among a brotherhood of men. Men have unique needs in the addiction treatment process that are best addressed in the strength and understanding of a gender specific environment. Men caught in the cycle of addiction tend to feel that they have failed in their obligations and that life is hopeless. Through Harmony's Men's Program, hope is returned.

Harmony's Men's Program follows the evidence-based, 12-step, Bio-Psycho-Social Treatment Model that addresses the client's body, mind, and spirit. The program is a 30-day (and variable) residential stay that is individualized for each client. Treatment components include medical detoxification (if necessary), medical and medication assessment, psychological assessment, professional counseling, group process, education sessions, peer interaction, and quiet individual reflection. Holistic services including nutrition, exercise, meditation, yoga, acupuncture, and T'ai Chi are offered as well.

Harmony's Men's Program offers the chance to recover from the pain and hopelessness of addiction in a powerful, peaceful, and supportive environment. If you or someone you know need help, please call Harmony today.

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

www.harmonyfoundationinc.com

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